



(954) 217-1757
www.nbiweston.com | www.nbiranch.com
Southwest Ranches, Florida

WE ARE THE
NBI TEAM

2021



ABOUT NBI RANCH

Founded in 2000 by Drs. Katia Moritz and Jonathan Hoffman, NBI is an internationally known clinic assisting individuals and families locally and from around the world. Services are available to children, adolescents and adults in English, Spanish, Portuguese and Afrikaans. NBI specializes in evidence-supported treatment for Anxiety and Obsessive-Compulsive Related Disorders and other psychological conditions.

NBI utilizes evidence supported treatments provided by an experienced clinical team. Our goal is to make significant and lasting positive change in the life of our patients and their families.



A supportive living experience that complements intensive treatment for Anxiety and Obsessive-Compulsive Related Disorders.

NBI RANCH IS WHERE TREATMENT COMES TO LIFE

Daily activity plans are created by each resident's clinical team and put into practice upon returning to the Ranch before and after intensive treatment.

Wellness enhancing activities include: equine therapy, nutrition counseling, CBT yoga, organic gardening, life planning and career counseling, executive functioning training and more.



Located in beautiful Southwest Ranches, Florida. Nearby NBI Weston main office Residential Counselors on-site 24/7 Guided community outings

NBI RANCH



Jonathan Hoffman, Ph.D., ABPP



E. Katia Moritz, Ph.D., ABPP

Chief Clinical Officers and Founders
Board Certified in Behavioral and Cognitive Psychology
Scientific & Clinical Advisory Board of IOCDF

*Published authors in Anxiety, Autism, OCD & related disorders
Over 30 years of experience treating highly complex cases.*



When intensive outpatient treatment isn't enough, we offer the NBI Ranch for residential support for those 18 years and older.

NBI Ranch provides structure, life skills, social support and engaging activities complementing intensive treatment. We are located in beautiful Southwest Ranches, Florida near Miami and Fort Lauderdale.

Live #OCFREE

NBI OFFERS:

- Assessments and diagnostics
- Intensive treatment programs
- Child, teen and adult treatment
- CBT, DBT, Executive Function training, ABA
- Telehealth (intensive virtual programs)
- Intensive parent and family training
- Residential support at NBI Ranch
- Nutritional counseling
- Diagnostic psychological testing
- Services in English, Spanish, Portuguese & Afrikaans

Contact us for informaton about
NBI and NBI Ranch.

954-217-1757 | www.nbiweston.com
2233 North Commerce Parkway
Suites 1 & 3, Weston, FL 33326



SERVICES

- Individual Therapy
- Family Therapy
- Parent Training
- Family Workshops
- Intensive Treatment Programs
- NBI Ranch Residential Program for ages 18+
- Diagnostic Psychological Testing
- Therapeutic Groups
- Support Groups
- DBT Skills
- Applied Behavioral Analysis (ABA)
- ABA Enhanced CBT
- Executive Functioning Training
- In-Home Therapy
- School and Workplace Liaison
- Cogmed Working Memory Training
- Second Opinions

WE TREAT

- Obsessive-Compulsive Disorder in Children, Adolescents and Adults
- OCD Related Disorders - BDD, Trichotillomania, Skin-Picking, Hoarding
- Anxiety Disorders - Social Anxiety, Panic, Phobias, PTSD
- Mood Disorders/Emotional Dysregulation
- Personality Disorders
- Autism Spectrum Disorder (ASD)
- Tourette Syndrome and Tics
- Attention Deficit Hyperactivity Disorder (ADHD)
- Depression
- Stress-Related Issues
- Disruptive Behaviors
- Co-occurring Substance Use Disorders
- Disordered Eating and Eating Disorders
- PANDAS and PANS
- School Refusal
- Young Adult Failure to Launch



E. KATIA MORTIZ, Ph.D., ABPP

JONATHAN H. HOFFMAN, Ph.D., ABPP

Licensed Psychologists
Board Certified in Cognitive and Behavioral Psychology

CLINICAL TEAM



ANNETTE NAGLE, Ph.D.
Licensed Psychologist



WILFREDO RIVERA, Psy.D.
Licensed Psychologist



MICHELE BECHOR, Ph.D.
Licensed Psychologist



DEE ROSS FRANKLIN, Psy.D., RMHCI
Registered Mental Health Counselor Intern



JILLIAN ARMSTRONG, MA, BCBA
Board Certified Behavioral Analyst



DENISE C. HARDT, BCBA, CMHP, Ph.D. (Brazil)
Board Certified Behavioral Analyst



MYRIAM PADRON, Psy.D.
Licensed Psychologist



MATTHEW J. SEIDL, Psy.D.
Postdoctoral Resident



MONICA LEWIS
Clinical Care Coordinator



CIANA MICKOLUS, Psy.D.
Licensed Psychologist



KRISSALLEE HENRIQUEZ, BSN
Executive Functioning Coach



LUCIANA ESTRADA, RBT
Clinical Care Coordinator

ADMINISTRATIVE TEAM



JENNIFER CLEMENTE
Associate Administrative Director



CATHY GONZALEZ
Director of Operations



ANA VIOLANTE
Clinical Care Coordinator



LUCIANA HUAMAN
Operations Assistant



EMILIA PINTOS
Communication and Media



CELESTE GONZALEZ
Patient Care Coordinator

RANCH TEAM



JEAN-PAUL VANGSGAARD
Head Residential Counselor



CLAUDIA RODRIGUEZ
Residential Counselor



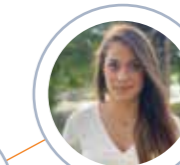
AMANDA KARAS
Residential Counselor



SAMANTHA JANVIER
Residential Counselor



ANTONIO RIGAUD
Residential Counselor



NOHELY LOPEZ
Residential Counselor



KEESHA JONES
Residential Counselor



KRISELLI CASTRO
Residential Counselor



NBI RANCH

FOLLOW US:

[FACEBOOK.COM/nbiweston](https://www.facebook.com/nbiweston)

[INSTAGRAM.COM/nbiweston](https://www.instagram.com/nbiweston)

[YOUTUBE.COM/nbiweston](https://www.youtube.com/nbiweston)

[TWITTER.COM/nbi_weston](https://twitter.com/nbi_weston)

(954) 217-1757

www.nbiranch.com | www.nbiweston.com

Southwest Ranches, Florida