



(954) 217-1757
www.nbiweston.com | www.nbiranch.com
Southwest Ranches, Florida

WE ARE THE NBI TEAM

2020



ABOUT NBI RANCH

Founded in 2000 by Drs. Katia Moritz and Jonathan Hoffman, NBI is an internationally known clinic assisting individuals and families locally and from around the world. Services are available to children, adolescents and adults in English, Spanish, Portuguese and Afrikaans. NBI specializes in evidence-supported treatment for Anxiety and Obsessive-Compulsive Related Disorders and other psychological conditions.

NBI utilizes evidence supported treatments provided by an experienced clinical team. Our goal is to make significant and lasting positive change in the life of our patients and their families.



A supportive living experience that complements intensive treatment for Anxiety and Obsessive-Compulsive Related Disorders.

NBI RANCH IS WHERE TREATMENT COMES TO LIFE

Daily activity plans are created by each resident's clinical team and put into practice upon returning to the Ranch before and after intensive treatment.

Wellness enhancing activities include: equine therapy, nutrition counseling, CBT yoga, organic gardening, life planning and career counseling, executive functioning training and more.



Located in beautiful Southwest Ranches, Florida. Nearby NBI Weston main office Residential Counselors on-site 24/7 Guided community outings

NBI RANCH



Jonathan Hoffman, Ph.D., ABPP



E. Katia Moritz, Ph.D., ABPP

Chief Clinical Officers and Founders
Board Certified in Behavioral and Cognitive Psychology
Scientific & Clinical Advisory Board of IOCDF

*Published authors in Anxiety, Autism, OCD & related disorders
Over 30 years of experience treating highly complex cases.*



When intensive outpatient treatment isn't enough, we offer the NBI Ranch for residential support for those 18 years and older.

NBI Ranch provides structure, life skills, social support and engaging activities complementing intensive treatment. We are located in beautiful Southwest Ranches, Florida near Miami and Fort Lauderdale.

Live #OCFREE

NBI OFFERS:

- Assessments and diagnostics
- Intensive treatment programs
- Child, teen and adult treatment
- CBT, DBT, Executive Function training, ABA
- Telehealth (intensive virtual programs)
- Intensive parent and family training
- Residential support at NBI Ranch
- Nutritional counseling
- Diagnostic psychological testing
- Services in English, Spanish, Portuguese & Afrikaans

Contact us for informaton about
NBI and NBI Ranch.

954-217-1757 | www.nbiweston.com
2233 North Commerce Parkway
Suites 1 & 3, Weston, FL 33326

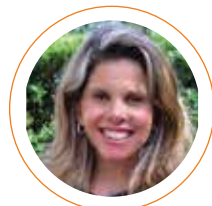


SERVICES

- Individual Therapy
- Family Therapy
- Parent Training
- Family Workshops
- Intensive Treatment Programs
- NBI Ranch Residential Program for ages 18+
- Diagnostic Psychological Testing
- Therapeutic Groups
- Support Groups
- DBT Skills
- Applied Behavioral Analysis (ABA)
- ABA Enhanced CBT
- Executive Functioning Training
- In-Home Therapy
- School and Workplace Liaison
- Cogmed Working Memory Training
- Second Opinions

WE TREAT

- Obsessive-Compulsive Disorder in Children, Adolescents and Adults
- OCD Related Disorders - BDD, Trichotillomania, Skin-Picking, Hoarding
- Anxiety Disorders - Social Anxiety, Panic, Phobias, PTSD
- Mood Disorders/Emotional Dysregulation
- Personality Disorders
- Autism Spectrum Disorder (ASD)
- Tourette Syndrome and Tics
- Attention Deficit Hyperactivity Disorder (ADHD)
- Depression
- Stress-Related Issues
- Disruptive Behaviors
- Co-occurring Substance Use Disorders
- Disordered Eating and Eating Disorders
- PANDAS and PANS
- School Refusal
- Young Adult Failure to Launch



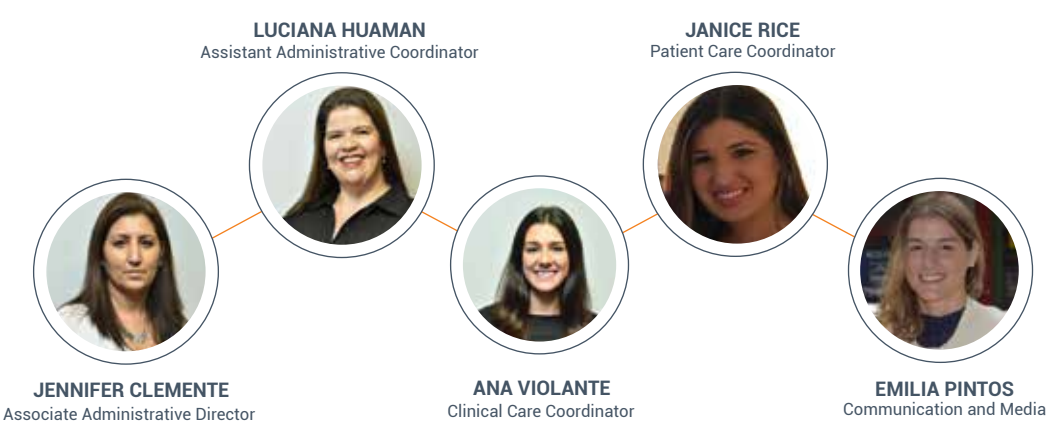
E. KATIA MORTIZ, Ph.D., ABPP **JONATHAN H. HOFFMAN, Ph.D., ABPP**

Licensed Psychologists
Board Certified in Cognitive and Behavioral Psychology

CLINICAL TEAM



ADMINISTRATIVE TEAM



RANCH TEAM





NBI RANCH

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